

Women Welfare Advisory Committee

Annual Report (Session 2019-20)

Teacher Convener- Dr. Parul LAUGaur

President- Ojasvita Arora

Women Welfare Advisory Committee (WWAC) works with the motto to ensure that the relevance of Gender Equity and Equality is accepted in the overall development process of the students. Keeping in sync with our aim of progressively engaging with issues of women and gender sensitization, WWAC saw an array of successful events and social media campaigns like Sunday Salute, Throwback Thursday and Thankyou Tuesday in the session 2019-20. The efforts to sensitize students about women and gender were marked by enthusiastic participation of students and due support from teachers of all departments. The activities carried out were as follows:

1. Workshop on Legal Rights for Women

WWAC in collaboration with E- Cell organized a workshop on Legal Rights for Women by Josh Talks speaker Anmol Kohli, under the banner of ITC Vivel ongoing campaign- #AbSamjhautaNahi. The workshop, held on 19 September 2019, was extremely well received by both students and teachers, as our enthusiastic speaker brought into light various laws made for the protection of women.

2. Self Defense Training

A three day Self Defense Training for Women was organized from 6th to 8th November 2019 in the front lawns of college. The training aimed to teach students how to safeguard themselves in uncomfortable situations. The event was organized in collaboration with Amar Ujala and inaugurated by Sh. Satish Kumar Kain- ACP Vasant Vihar. Students learnt useful tricks, saw a boost in their confidence levels and insisted on organizing more women centric trainings.

3. Sashakt- Lecture by Ms. Kamla Bhasin

Renowned feminist and social reformer Ms. Kamla Bhasin graced the college premises on 3rd February 2020, to impart the light of her wisdom and inspire students to take up small steps to make both men and women – “Sashakt” with the message – “We are Stronger Together”. With her slogans and poetry, she brought life to the packed amphitheater of 150+ students and teachers. The event brought WWAC immense pride and appreciation from one and all.

4. Sashakt- Lecture on Menstrual Hygiene

On 25th February 2020, WWAC organized another lecture in the series Sashakt, dedicated to the tabooed cause of Menstrual Hygiene. Dr. Shelly Singh, Vice President of the Delhi Gynecologist Forum, South Delhi and a renowned doctor, discussed precautions and medical solutions for menstrual issues. The event was lauded by all, as it brought to light the most common yet undiscussed issues of women.



Report by: Ojasvita Arora (President)

Dr. Parul Lau Gaur (Teacher Convener)

SASHAKT- LECTURE BY MS. KAMLA BHASIN

Convenor: Dr. Parul Gaur

President: Ojasvita Arora

1. Name of the Event: Sashakt- We are Stronger Together
2. Nature of the Event: Intra College
3. Date and Duration: 3rd February 2020
4. No. of Participating Students: 150+
5. No. of Participating Faculty Members: 8
6. Invited Speakers, their affiliation and Brief Profile of each speaker:

Smt. Kamla Bhasin

A social scientist by training, she has been actively engaged with issues related to development, education, gender, media and several others for over 35 years. She began her work for the empowerment of the rural and urban poor in 1972, with a voluntary organization in Rajasthan, India. From 1976 to 2001, she worked with the Food and Agriculture Organization (FAO) of the UN. My work with FAO's Freedom from Hunger Campaign/Action for Development was focused on supporting innovative NGO initiatives for development and empowerment of marginalized people, especially women, in South East Asia and South Asia. This entailed organizing trainings and workshops and facilitating networking between NGOs, women's organizations and people's organizations.

Currently, she works with Sangat- A South Asian Feminist Network, as an Advisor; with JAGORI, Women's Resource and Training Centre, New Delhi and Jagori Grameen in Himachal Pradesh as an active

member. I am co-chair of the worldwide network, Peace Women Across the Globe and South Asia Coordinator of One Billion Rising.

7. Venue- Amphitheatre

8. Teams/Individual participation from outside college- N/A

9. Brief Summary of the Event:

Women Welfare Advisory Committee inaugurated its lecture series under the banner of Sashakt- 'We are stronger together', with a Keynote Lecture by Smt. Kamla Bhasin. A revered and loved personality like her garnered lots of cheer and audience from every department of college. Her presence lightened the amphitheatre with slogans and poems. With a powerful speech in the beginning, she went on to have a QnA session with the audience for an hour, solving the usually unanswered questions on women and gender. With her light of knowledge and years of experience in this field, she sent the message of self-sufficiency and empowering one another. Her idea of gender equity touched both men and women in the room with common examples from daily life. The audience left the amphitheatre with loud claps for Kamla Ma'am and her bold approach to dealing with life.

10. Funding/Sponsorship received if any- N/A

11. Awards given- Memento was felicitated to honorable Madam Kamla Bhasin for gracing the occasion.

12. Feedback Report:

The students as well as the many teachers who attended the event lauded the organizing team for bringing such an eminent personality for a talk on women empowerment. We saw large number of questions coming from the audience. The feedback was overwhelming for WWAC. Students came forward to

express their gratitude to Kamla Ma'am for giving such an energetic and power packed talk. The event went on to become a grand success.

13. Representative Pictures







SELF DEFENSE TRAINING REPORT

Convenor: Dr.Parul Gaur

President: Ojasvita Arora

1. Name of the Event: Self Defense Training
2. Nature of the Event: Intra College
3. Date and Duration: 6th to 8th November 2019
4. No. of Participating Students: 45
5. No. of Participating Faculty Members: 4
6. Invited Speakers, their affiliation and Brief Profile of each speaker:
 - a. Sh. Satish Kumar Kain – ACP, Vasant Vihar, Delhi Police
 - b. Trainer- Vikas Jhanjhot- President, Women Power Association
 - c. Vani Gupta and Laxmi- Self Defense Trainers, Women Power Association
7. Venue- Front Lawns of College
8. Teams/Individual participation from outside college- N/A
9. Brief Summary of the Event:

A three day self defense training was organized by the Women Welfare Advisory Committee of RLA. The event was inaugurated by Sh. Satish Kumar Kain- ACP, Vasant Vihar, who

addressed the participants on the need of Self Defense Training and using the practice for right reasons. He also asked the students to download the Himmat Plus App and remain alert of their surroundings. The event helped the female students learn how to safeguard themselves in uncomfortable situations. They were taught tricks from hair clip, paper to hand movements, kicks and blows. The sound energy boosted their confidence and energy levels. The event was in collaboration with Amar Ujala and was covered in it across the three days.

Students expressed their thankfulness to the organizing team and insisted on organizing more such women sensitive trainings to keep up with the college's Gender just environment.

Every participant was awarded with a certificate at the end of the training.

10. Funding/Sponsorship received if any- Amar Ujala
11. Awards given- Memento was given as a token of appreciation to honorable Chief Guest Sh. Satish Kumar Kain and the trainers of Self Defense.
12. Feedback Report:

The students expressed highly positive feedback of the event. They appreciated the organizing team for their efforts in ensuring that the event goes smooth. They were also satisfied with the refreshment arrangements made after the training. As a token of attending the training, they were elated about receiving certificates. Feedback forms suggest participants insisting to organize more women centric events and their willingness to attend those

13. Representative Pictures





